

Castle Healthcare Practice

50-60 Wilford Lane, West Bridgford, Nottingham.

www.castlehealthcarepractice.nhs.uk

Telephone 0115 883 2626



Upcoming Events

FLU VACCINATION 2020/2021

This year especially, we need to ensure those who are at highest risk are vaccinated first. Flu can cause severe illness or even death so those most vulnerable will be our first priority.

As soon as we are able, we vaccinate our other eligible patients. Please keep an eye on our website for up-to-date information.

Note: Patients aged 50-64 years of age will be invited by the practice to have the flu vaccination once we they are delivered by the Department of Health.

Dear Patient,

Welcome to the Autumn edition of our Patient Newsletter.

We hope you will find the content interesting, informative and helpful.

We very much welcome your suggestions for future articles so please do contact us by:-

- Telephone on 0115 883 2626
- Email via ncccg.c84605@nhs.net
- Or via our website at www.castlehealthcarepractice.nhs.uk using the 'Send Us Your Comments or Suggestions' tab' in Contact Details

We look forward to hearing from you.

Covid-19 - CASTLE HEALTHCARE IS OPEN FOR YOUR CARE

To ensure the safety of patients and staff, the practice is currently operating a telephone appointment system as a first point of contact.

If the clinician needs to see you in person they will arrange a face-to-face appointment*.

So, please do call us if you have any worries or concerns – we are here to help.

*Please remember to wear a face covering if you are attending the practice.

Electronic Prescribing

All prescriptions are now sent electronically – please tell us your preferred pharmacy.

More Important News – Staff Changes

Dr Pargat Singh – left the practice on 1st July 2020

After many years as a Partner both with Trent Bridge Medical Practice (9 years) and Castle Healthcare Practice (6 years), Dr Singh decided to leave the practice for pastures new.

We thank him for his unfaltering care of patients, for his wisdom, kindness and warmth and wish him all the very best for the future.

Dr Joanne Chapman – new Partner

Dr Chapman has been working for the practice as a Salaried GP for the past 4 years. We are very happy to announce that she will join the Partnership from 1st October 2020.

New Clinical Staff

We are delighted to welcome additional new members of clinical staff to our practice team:

Dr Kirran Bilkhu - Salaried GP MBChB, MRCP, DFSRH, DPD

Tahir Khalifa - Primary Care Pharmacist MPharm, PGDip, IP

Dr Lauren Taylor - Salaried GP BMedSci (Hons), BMBS, MRCP

Dr Natalie Tang - Salaried GP BMedSci (Hons) BMBS, MRCP

Paul Wade - Advanced Clinical Practitioner PGDip, MC Para

James Stupples – First Contact Practitioner (Physiotherapy)



NHS HEART CHECKS

This is a **free health check** designed to spot early signs of stroke, kidney disease, heart disease, type 2 diabetes or dementia.

All adults aged 40-74 (without pre-existing health conditions) are entitled to a health check every 5 years.

To check if you are eligible or to book an appointment, please contact our reception.

Help us to help you by:-

Allowing 48 hours' notice for repeat prescriptions

Always letting us know if you can't attend your appointment.

Requesting home visits before 10.00am

Telling us your new mobile phone number or address.



Coronavirus Vaccine Research

Castle Healthcare Practice actively supports medical research and is currently promoting the coronavirus vaccine studies approved by NIHR in the UK, run by the University of Oxford and Imperial College London.

Vaccines are the most effective way to prevent infectious disease. You can find out more about taking part in these studies at:- nhs.uk/researchcontact